

Youth **Advocate**
PROGRAMS, INC.



APR 2023

YAP INTRODUCTION TO ST. LOUIS



Youth Advocate Programs Inc. (YAP) is a **high-impact social change nonprofit that provides community-based alternatives** to youth incarceration, congregate placements and neighborhood violence.



WHAT WE DO

YAP Target Populations and Services

Target Populations

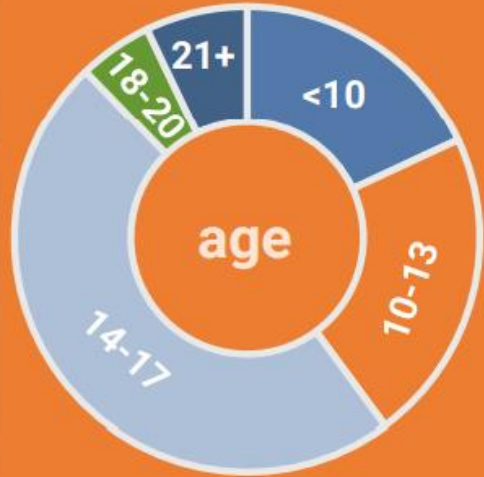
Highest need young people and families who are most at risk of violence and/or out-of-home placements

- Secure Settings (e.g. youth prison, detention facilities)
- Congregate Care (e.g. group homes)
- Residential Treatment Facilities
- Violence in Communities





PARTICIPANTS



20%
full-time

part-time
80%

STAFF



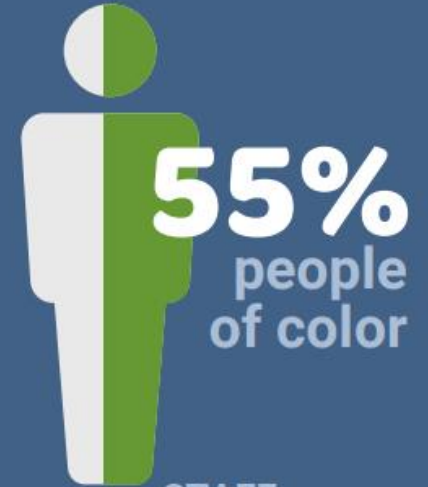
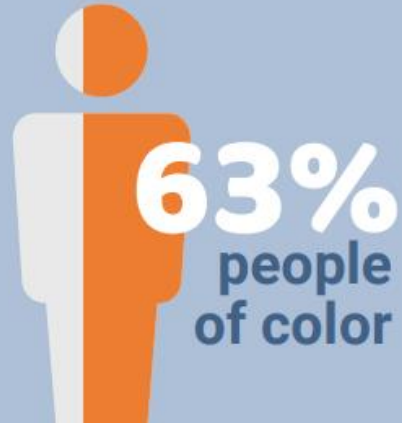
PARTICIPANTS

61%
male

female
39%



PARTICIPANTS



STAFF



16,000
families served in 2020

Scope of Services*

32%

Youth Justice

25%

Child Welfare

19%

**Behavioral
Health**

10%

School

7%

Other

**7% Anti-
Violence**



100%

of our programming occurs
in the **home communities** of
the people we serve.



HOW WE WORK WITH FAMILIES

YAPWrap



Individualized Service Planning



Focus on Strengths



Partnership with Parents



Cultural and Linguistic Competence



Team Work



Community-Based Care



Unconditional Caring



Giving Back



Corporate and Clinical Integrity

Core Principles

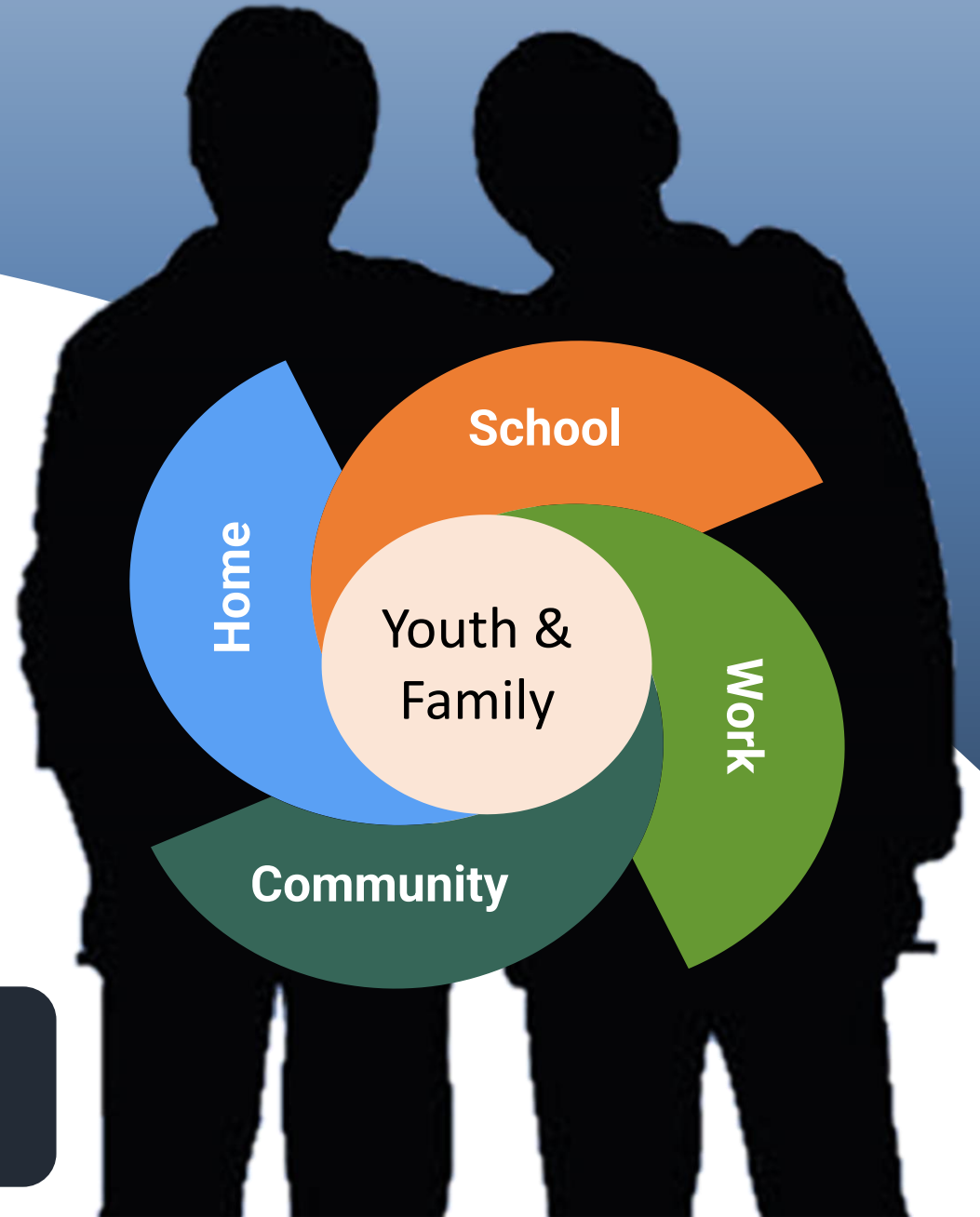
YAP Wrap Model

Match Individuals and Families to
Advocates (Staff)

who serve as:

Catalysts for Change
Connectors to Community

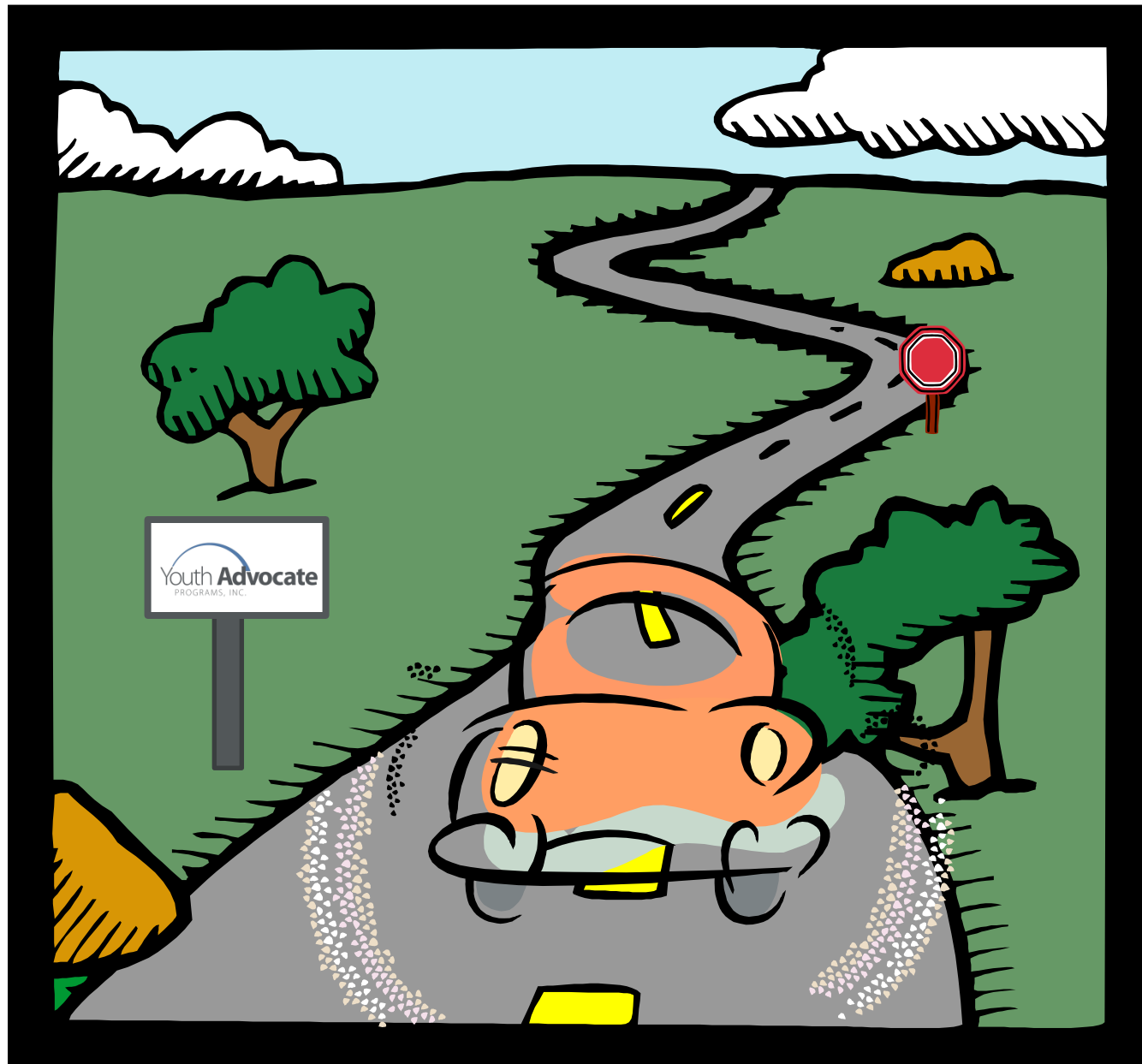
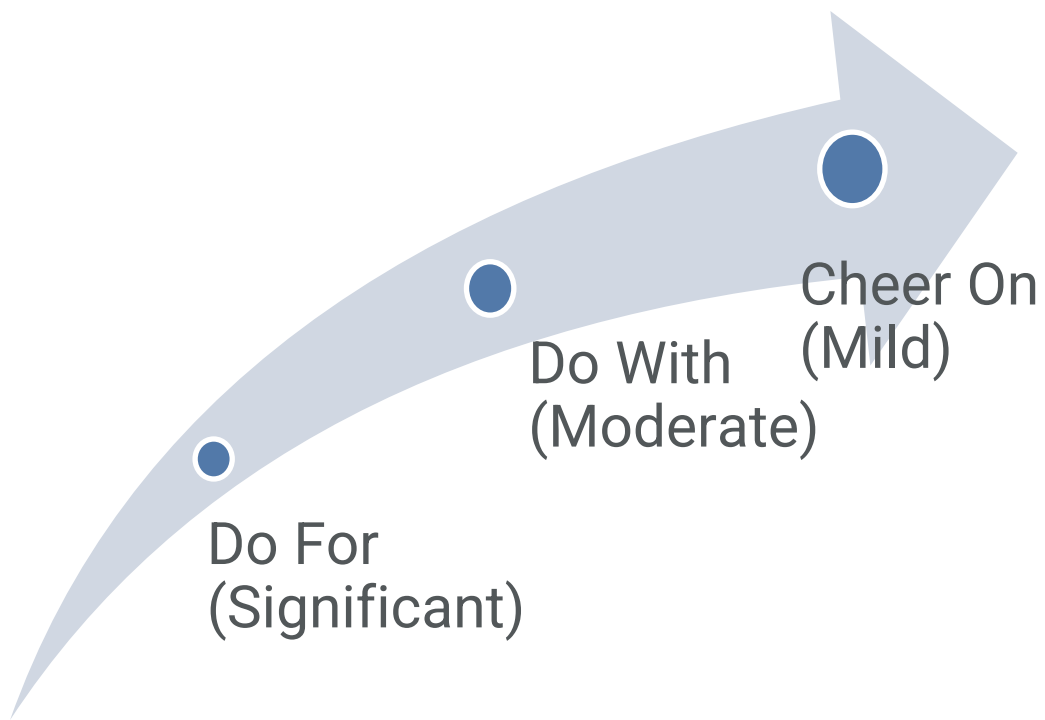
*YAPWrap is rooted in best practice in wraparound,
mentoring, and positive youth development.*



Advocates (Staff)

Time Limited, Credible, Trusted

Continually assess needed level of support





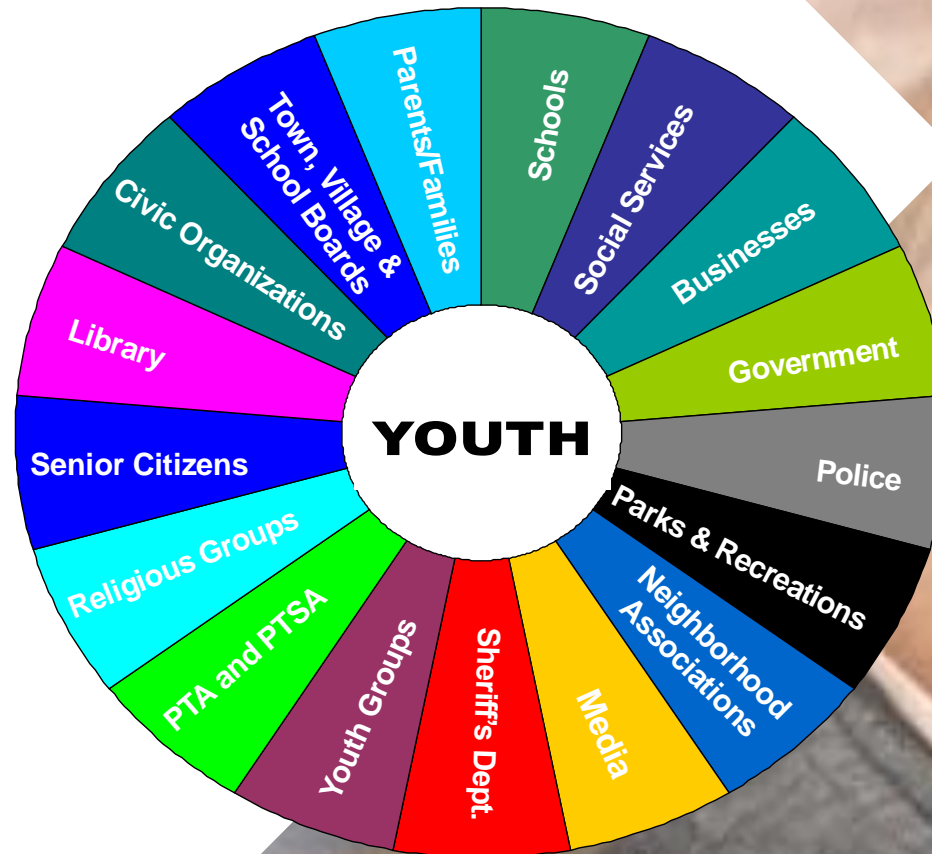
Catalyst for Change

Purpose: Help participants and families be open to and accelerate the pace of growth and change; to help to build skills and unlock potential

Expecting
Engaging
Educating
Practicing
Coaching
Exposing
Modeling
Encouraging

Connector to Community

Purpose: To connect youth and family with positive people, places, activities and services





The YAP Program Team

- Director
- Administrative Manager
- Advocates*



YAP Staff: Neighborhood-based Advocates



GED to PhD



Work in home,
school, and
community

Connect to
supports



Meet when
needed, intense
dosage



Implement the
family's plan



Group, family, and
individual

Build skills

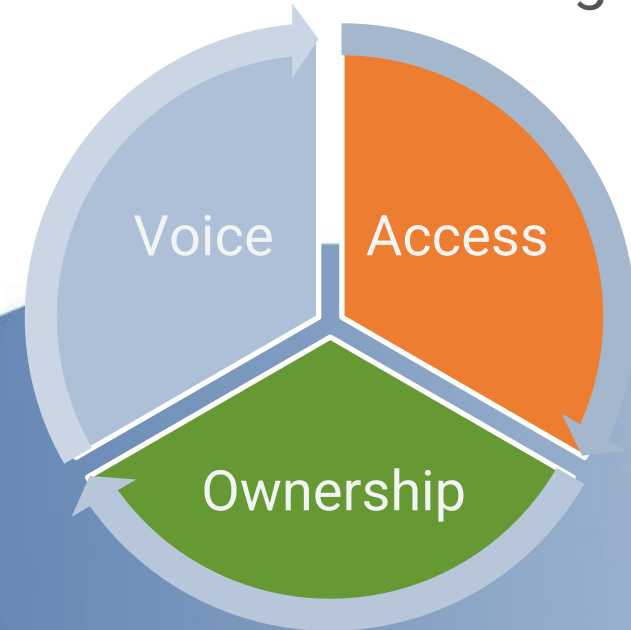


Available 24/7



YAPWrap

- Engages youth and families as **equal partners**
- Learns about needs, strengths, and preferences through **holistic assessment process**
- Builds a **Family Team** of community supports
- Develops an **Individualized Service Plan** with emphasis on **safety planning**
- **Matches** participants and families with Advocates
- **Trauma**-informed and healing centered



Core Components

- Dosage: 10 hrs a week
- Contact: Avg 3-4 days/wk
- Length of Stay: 6 mos
- Services at times most needed and/or convenient to families from within their homes and community
 - Transportation
 - 24/7 Crisis Support
- Flex Fund
- Individual, Family and Group* Interventions

YAP Wrap

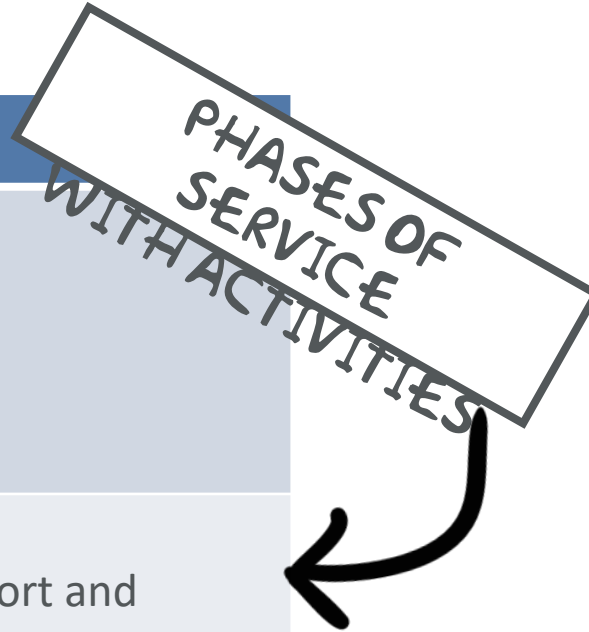
PHASES OF SERVICE



YAP Wrap

Phase of Service	Action Steps
Referral and Engagement <i>[first week]</i>	<ul style="list-style-type: none">• Receive and Process Referral• Schedule First Visit• Introduce Self and YAP• Introduce Advocate/Staff• Develop Schedule
Assessment and Planning <i>[first month]</i>	<ul style="list-style-type: none">• YAP Assessment• Provide services to build rapport and address immediate needs• Family and Team Preparation• Develop Initial Service Plan
Delivery	<ul style="list-style-type: none">• Implement Plan• Support Purposeful Transition• Build Community Support
Transition <i>[last month]</i>	<ul style="list-style-type: none">• Identify and Celebrate Success• Plan for Cessation of YAP Services• Follow-up with Youth and Family

PHASES OF SERVICE WITH ACTIVITIES



SPARCS: Structured Psychotherapy for Adolescents Responding to Chronic Stress

Trauma Informed, Healing Centered Approach

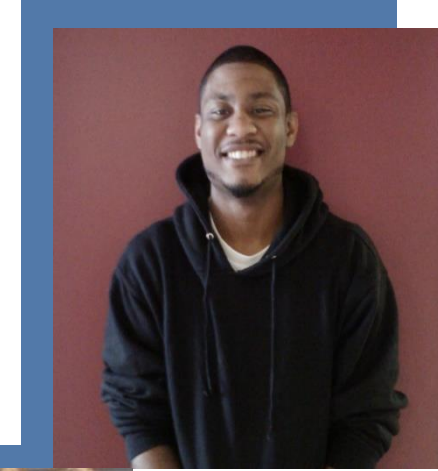
4 Goals of the Program:

- Cultivate Awareness
- Create Meaning
- Cope Effectively
- Connect with Others



Building Economic Opportunities

- YAPWORX
- Supported Work
- Tom Jeffers Endowment Fund
for Continuing Education



Advocate

STRENGTHENING COMMUNITIES
one biography at a time



Study and Evaluation

University of Chicago Crime Lab
Randomized Control
Study of over 500 youth served



32% fewer misconduct incidents in school



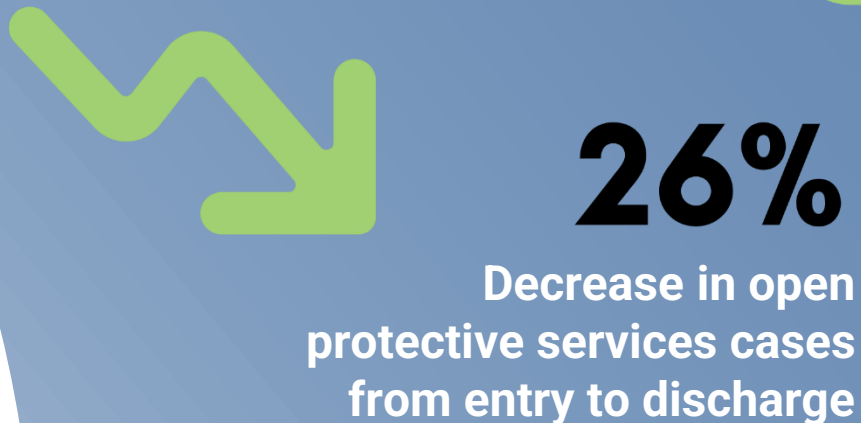
48% fewer violent-crime arrests at discharge



38% fewer violent-crime arrests 18 months after program



Participant Outcomes



We Are HIRING

Youth Advocate
PROGRAMS, INC.

Community-based alternatives to youth
incarceration, congregate placements
and neighborhood violence

JOIN OUR TEAM!

yapinc.org/jobs



**Currently seeking Full-Time Director
and Part-Time Advocates.**